

Whatever one's knowledge or interests in wine, every one can benefit from our friendly and bespoke approach. The 5-day Wine Workshops start on Mondays at 9h00 and run to Fridays at 14h00. Four courses are scheduled for 2010, but more will be added to meet demand:

31 May
2 August
16 August
30 August

If you can not attend on the above dates, please contact us as other dates are planned. If you would like to be informed of additional workshops, last minute discounts, group rates, gift vouchers and special offers, please subscribe to Alegria's mailing list at Relax-and-Rejuvenate.com.

Whether you want to expand your existing knowledge of wine, or just want to discover the great wines and scrumptious food of Gascony, this is the wine workshop for YOU!

For a time-limited discount of 10% contact us TODAY

Charles and Margaretha will be on hand to ensure that your stay in this extraordinary area in the South-West of France is especially memorable. So seize this exceptional opportunity to spend 5 days or more attending an innovative and hugely popular workshop NOW and benefit from the peace, personal attention and privacy that only such an exclusive establishment can offer.

To make a reservation, please visit Relax-and-Rejuvenate.com, ring 079 79 904 222 or e-mail on info@relax-and-rejuvenate.com

Alegria-en-Armagnac's Wine Workshops are unique because the workshops combine the study and tasting of the exceptional Gascon wines and spirits with the exploration of the extensive anti-ageing and health benefits of wine.

During empowering practical indoor and outdoor workshops and field trips, participants will discover how to dramatically increase their confidence and improve their communication skills especially when choosing a wine and expressing their personal opinion about wines.

Alegria is secluded but not isolated and offers the perfect opportunity to unwind and relax in one of the most unspoilt and peaceful parts of France, right in the heart of the world-renowned Armagnac vineyards, 60 miles south-west of Bordeaux.

The workshops are presented by Charles Liddell-Grainger, a Vintner of the City of London with a WSET Diploma and many years of experience in the wine trade and Dr Margaretha de Klerk, a medical doctor and NLP practitioner, at their delightful 12th century fortified farm, easily accessible via the low-cost airlines to Pau, Bordeaux and Toulouse.

FOR MORE INFORMATION ABOUT THE CONTENT, SCHEDULE, DATES AND COST OF THE WORKSHOPS, PLEASE VISIT RELAX-AND-REJUVENATE.COM, RING 079 79 904 222 OR E-MAIL INFO@RELAX-AND-REJUVENATE.COM.

ALEGRIA-EN-ARMAGNAC
Unique Wine Workshops

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